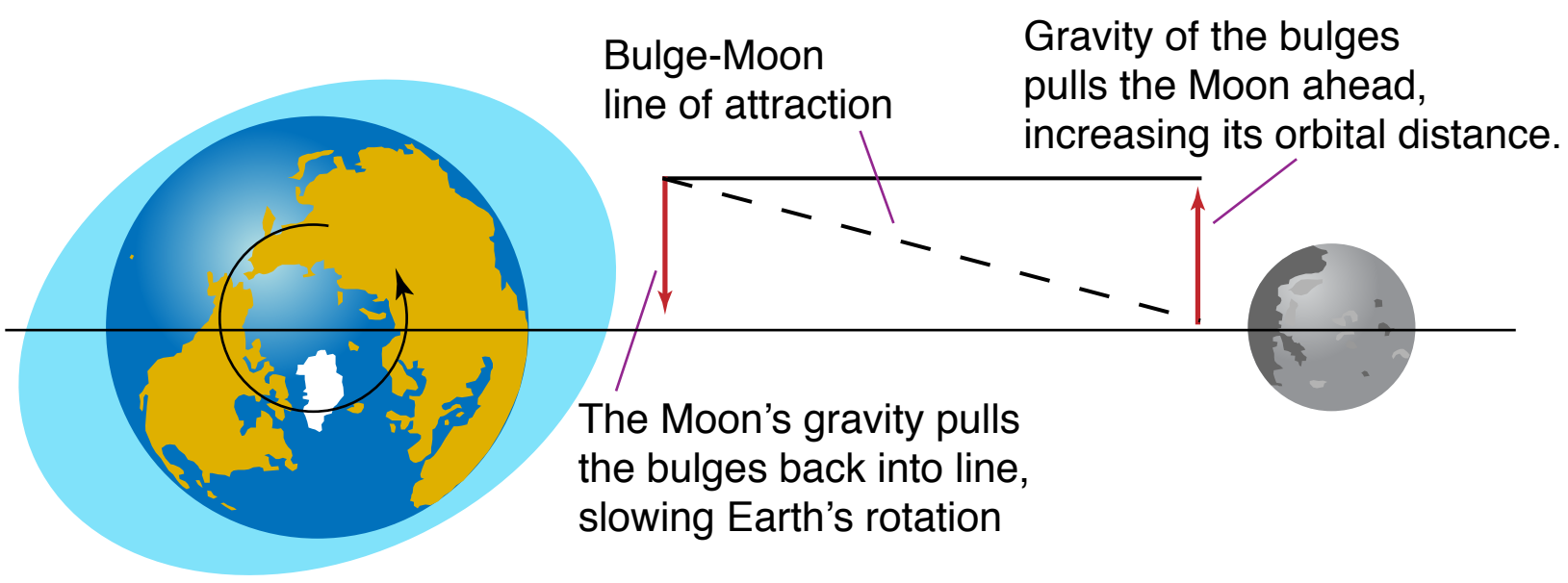
Bulge-Moon
line of attraction
Gravity of the bulges
pulls the Moon ahead,
increasing its orbital distance.
The Moon's gravity pulls
the bulges back into line,
slowing Earth's rotation