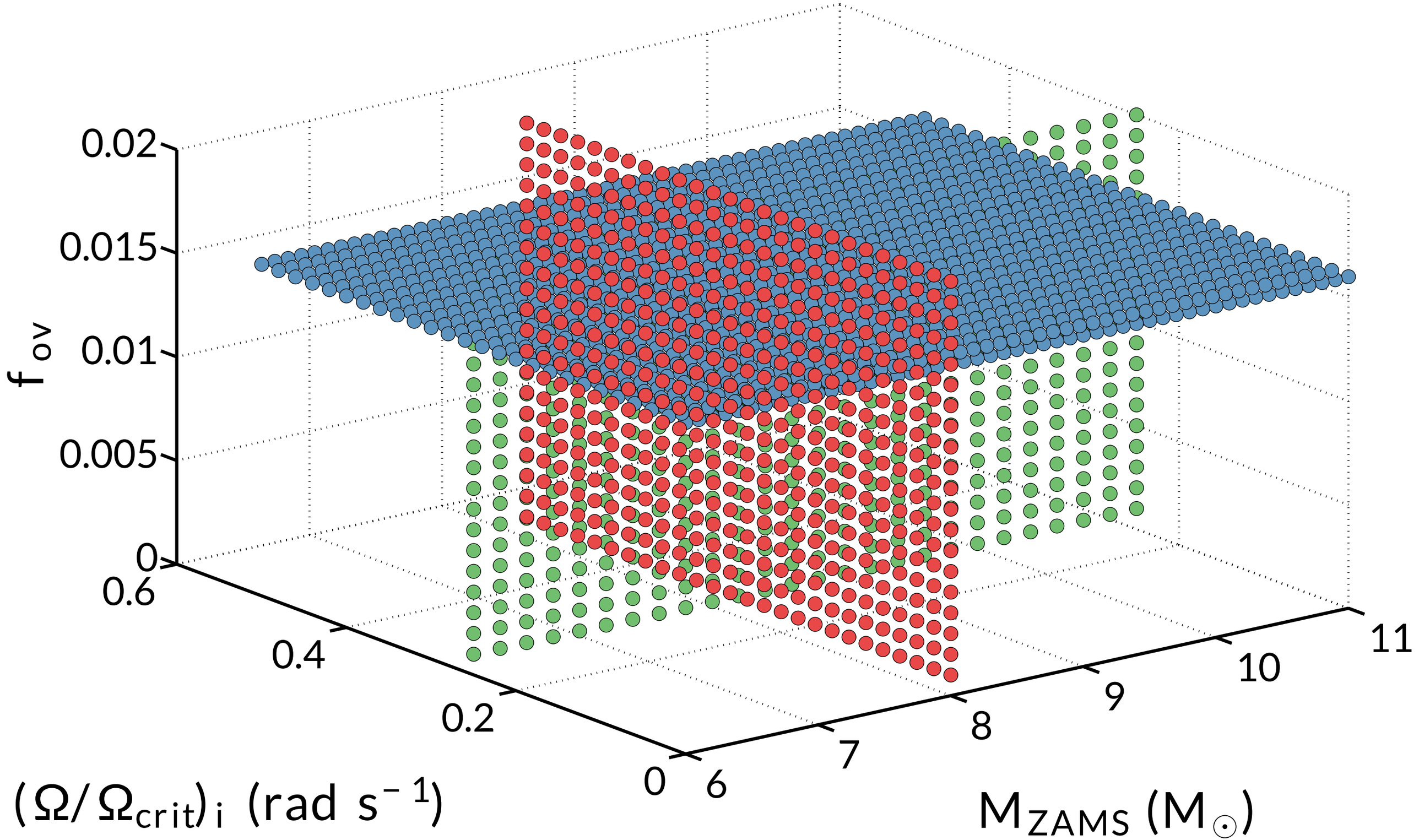
0.02
0.015
0.01
0.005
0
$f_{ov}$
0.6
0.4
0.2
0
$(\Omega/\Omega_{crit})_i$ (rad $s^{-1}$)
6
7
8
9
10
11
$M_{ZAMS}$ ($M_\odot$)